Name of Project: How Do Farm Wives Or Female Operators Maintain And Promote Their Family Health And What Challenges Do They Face?

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Project Abstract:

Literature suggests that farm women and their families face social isolation, limited access to healthcare and also lack of health insurance. With the more recent advent of social media, increased use of nurse practitioners for primary care and the passage of the Affordable Care Act which mandates health insurance, this situation may have changed. The purpose of this qualitative study is to explore how farm women define health and what opportunities and challenges they face in promoting a healthy lifestyle for their families.

Farm women, either operators or farm wives are being interviewed currently to gather information on their perceptions regarding their family health. The data are being collected and once data saturation is reached the data will be analyzed using Colaizzi’s method of analysis for phenomenological studies.